

## **Reticulocyte Count**



Synonyms

**Clinical Indication** 

Part of Profile / See Also

**Request Form** 

Availability / Frequency of

**Analysis** 

**Turnaround Time** 

**Patient Preparation** 

Sample Requirements

**Specimen Type** 

Volume

Container

ISO 15189:2012

Retic

Distinguish between causes of anaemia and monitor bone marrow response.

FBC performed with every Reticulocyte count.

Combined Pathology manual blood form or ICE request

On request. If urgent request forms should be marked accordingly.

Same day, if urgent within one hour of reciept

None required

Whole blood

3 or 4mL



Purple top (EDTA) tube.

Paediatric lavender top or red top (EDTA) tube

**Reference Range & Units** 

Adult Reticulocyte count 50-100x109L

Adult Reticulocyte percentage 0.5-2.5%

For paediatric ranges please contact laboratory or see laboratory report.

**Interferences** 

Delay in sample reaching laboratory (>12 hours). Underfilled, clotted or haemolysed samples. Samples should not be taken whilst patient is on a drip or receiving a blood transfusion.

**Interpretation & Clinical** 

**Decision Value (if applicable)** 

The reticulocyte count is an important marker of bone marrow activity. High reticulocyte counts are related to an increased production of red blood cells to overcome chronic or severe loss of mature red blood cells, such as in a haemolytic anaemia. Low reticulocyte counts can be attributed to chemotherapy, aplastic anaemia, pernicious anaemia, bone marrow malignancies, problems of erythropoietin production, various vitamin or mineral deficiencies (iron, vitamin B12, folic acid), disease states (anaemia of chronic disease) and other causes of anaemia due to poor RBC production.

References

Dacie and Lewis Practical Haematology 12th edition 2017.

**Test code** 

RETI

**Lab Handling** 

No special requirements