

## **Aquaporin 4 Antibodies**

Synonyms	AQP4
Clinical Indication	Neuromyelitis optica (NMO, or Devic's disease) - longitudinally extensive transverse myelitis and optic neuritis.
	It is essential to provide relevant clinical information.
Part of Profile / See Also	
Request Form	Combined Pathology manual blood request form or ICE request
Availability / Frequency of	Referred test: Analysed by Immunology, Oxford University Hospital 8782
Analysis	Available for request from Consultant Neurologist.
Turnaround Time	21 days
Patient Preparation	No special preparation is required.
Sample Requirements	*Please note a separate sample is required when Immunology tests are requested in addition to Biochemistry tests*
Specimen Type	Serum
Volume	7 ml
Container	Yellow top (SST) tube.
Reference Range & Units	Samples are tested by cell-based assay and the results reported as Positive or Negative.
Interferences	
Interpretation & Clinical Decision Value (if applicable)	Aquaporin 4 is the major autoantigen in neuromyelitis optica (NMO, or Devic's disease). IgG antibodies to AQP4 are found in >80% of NMO patients and around 50% of patients with longitudinally extensive transverse myelitis. They are infrequent in patients with optic neuritis without spinal cord involvement.
References Test code	<ul> <li>Update on the diagnosis and treatment of neuromyelits optica spectrum disorders (NMOSD) – revised recommendations of the Neuromyelitis Optica Study Group (NEMOS). Part I: Diagnosis and differential diagnosis   Journal of Neurology</li> <li>Diagnosis and classification of neuromyelitis optica (Devic's syndrome). <i>Autoimmun Rev.</i> 2014 Apr-May;13(4-5):531-3</li> <li>AQUA</li> </ul>
Lab Handling	Aliquot and store at 4-8° <sup>c</sup> prior to testing and at -20° <sup>c</sup> or below for up to 1 month after receipt.

